

# A TASTE OF PORTUGAL

Hosted by John Gora

Sep 25 – Oct 6, 2022

*An outstanding program, ideal for those who have never visited Portugal.  
A complete journey that will take you from city to city, visiting the most important historical sites.*



**SUN, SEP 25:** DEPART CANADA / USA ON TRANSATLANTIC FLIGHTS - ASK US ABOUT YOUR FLIGHT OPTIONS

**MON, SEP 26:** LISBON (WELCOME DINNER)

Arrive Lisbon and transfer to hotel. Enjoy the afternoon at your leisure and then in the evening join us for our Welcome dinner .  
*Overnight in Lisbon at Avani Av.Liberdade, R. Júlio César Machado 7 9, tel: +351 21 359 1000*

**TUE, SEP 27:** LISBON (BREAKFAST, LUNCH)

Discover Lisbon, one of the oldest cities in Europe and once the westernmost cities in the known world. Highlights today will include the riverside suburb of Belém, Hieronymus Monastery, Belém Tower, built between 1515 and 1519. We will also see the Discoveries Monument which represents a three-sailed ship ready to depart, with sculptures of important historical figures and several other notable Portuguese explorers, crusaders, monks, cartographers, and cosmographers. Coffee break with a tasting of the pastry speciality: "Pastel de Belém", a sweet delicacy you simply must try. A brief stop at the **Mercado da Ribeira** (also known as Mercado 24 de Julho) is Lisbon's main food market since 1892, also a fantastic place to eat. **Lunch at a local restaurant.**

In the afternoon you will discover a typical district of Lisbon - Alfama (the oldest district of the capital) - with its steep hills and narrow streets, medieval alleys and whitewashed houses with tile panels and wrought-iron balconies adorned with pots of flowers. From there you will have a magnificent panoramic view of Lisbon. Finally we will go in the downtown area and centre of business: Rossio and the Praça do Comércio. Arrive hotel and then the rest of the day is at your leisure.

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**WED, SEP 28:** LISBON (BREAKFAST, DINNER WITH FADO SHOW)

The day is yours to explore Lisbon at your leisure. In the evening we meet for dinner at a local restaurant featuring traditional Portuguese dishes as well as the expressive and melancholic music of Fado, the song of the Portuguese Soul declared by UNESCO as a World's Intangible Cultural Heritage. Late evening return to the hotel or stay out to enjoy your last evening in Lisbon!

*Overnight in Lisbon at Avani Av.Liberdade, R. Júlio César Machado 7 9, tel: +351 21 359 1000*

**THU, SEP 29:** LISBON – EVORA– FATIMA (BREAKFAST, WINE-TASTING, DINNER)

After breakfast check out from hotel. Today we will cross the world's largest cork region for an exciting journey into the past. Arrive Evora, the capital of Alentejo, designated a World Heritage Site by UNESCO since 1986. The streets and buildings are virtually unchanged over the centuries. You will see the Temple of Diana, the Cathedral (exterior visit). Stop for a walk at "Giraldo Plaza" and visit the São Francisco Church and the Bones Chapel. Visit a local wine producer for a tour and wine tasting. Continue to Fatima for dinner and overnight. At 9.30pm you can participate or view the outdoor candle procession at the Sanctuary .

*Overnight in Fatima at Hotel Estrela de Fatima, R. Cónego Manuel Nunes Formigão 40, tel: +351 249 531 150*

**FRI, SEP 30: FATIMA- COIMBRA - DOURO (BREAKFAST, DINNER)**

After breakfast we will have a walking tour of Fatima, one of the most important catholic shrines in the world dedicated to the Virgin Mary. Fatima's Sanctuary welcomes millions of pilgrims and tourists from all over the world. Fatima's fame is due to the Apparitions of Our Lady of the Rosary that appeared to three shepherd children; Lucia and her two younger cousins, Francisco and Jacinta. Between May and October of 1917, the three children witnessed several apparitions. The last one, on October 13th, was confirmed by a miracle witnessed by 60,000 people known in the Catholic world as "the day the sun danced". Departure to Coimbra, home of Portugal's oldest university. The city is dominated by the Old University, which was founded in 1290 making it one of the oldest universities in Europe. We visit the University and then have some free time to discover the historical city centre and walk along the Mondego's riverside before continuing to our hotel in Douro for dinner and overnight.

*Overnight in Lamego at Vila Gale, Lugar dos Varais - Cambres, tel: +351 254 780 700*

**SAT, OCT 01: LAMEGO & DUORO RIVER CRUISE WINE TASTING (B, D)**

Breakfast at the hotel. Today we drive across the Douro to discover the wonderful Douro Valley (UNESCO). Stop at Lamego for a visit to a wine lodge "Quinta" with wine tasting. In the afternoon we invite you for a two hour cruise along the most beautiful landscapes of the Douro Valley between Régua e Pinhão. Dinner. Evening at your leisure.

*Overnight in Lamego at Vila Gale, Lugar dos Varais - Cambres, tel: +351 254 780 700*

**SUN, OCT 02: DOURO VALLEY – GUIMARAES - BRAGA - PORTO (BREAKFAST, DINNER)**

After breakfast we leave Douro and drive to the historic town of Guimarães (UNESCO), often referred to as the birthplace of Portugal. Visit the Palace of the Dukes of Braganca. Continue to Braga, the "Rome" of Portugal to admire the outstanding architecture of the "Bom Jesus do Monte" Sanctuary with its spectacular stairway. Drive to Porto for dinner followed by a "Tuna" music performance.

*Overnight in Porto at Neya Porto, R. de Monchique 35 a 41, tel: +351 21 841 3051*

**MON, OCT 03: PORTO (BREAKFAST, WINE TASTING)**

Today we explore Porto which is famous for its port wine. After breakfast we start with a visit of the Porto Cathedral (Sé do Porto), in the historical centre of the city it is one of the city's oldest monuments and one of the most important Romanesque monuments in Portugal. Very close by is one of the world's most beautiful train stations, the São Bento Station, which has a beautiful entrance hall covered with twenty thousand pictorial tiles (azulejos) which depict the history of Portugal. Across the river from Porto is Vila Nova de Gaia, the hub of the port wine industry. We will get there by cable car, so please make sure to have your cameras ready for some excellent photo opportunities. We will visit a Port wine cellar for a tour and tasting of this famous wine.

The rest of the day is at your leisure allowing you to explore Porto further as you wish.

*Overnight in Porto at Neya Porto, R. de Monchique 35 a 41, tel: +351 21 841 3051*

**TUE, OCT 04: PORTO – NAZARE - OBIDOS – CASCAIS, (BREAKFAST, LUNCH, CHERRY LIQUEUR TASTING)**

From Porto we drive to Nazare, a typical fishing village on a beautiful stretch of beach, we stop at the belvedere "Sítio" to admire the outstanding views of the Atlantic Ocean. Lunch at a local restaurant in Nazare and then we continue to the fortified medieval town of Obidos with its typical narrow streets and ramparts that encircle the city. Tasting of the famous Ginjinha (cherry liqueur) and then on to our hotel located in the "Sunny Riviera Coast" famous of its beaches (Cascais & Estoril). We will stop at the cosmopolitan and colourful Bay of Cascais, a traditional fishing village and also a lively resort with bars, nightclubs, delightful ice cream shops, stores and restaurants. Arrival to our hotel. Dinner tonight is on your own.

*Overnight in Cascais, Tv. da República 35 -35A, tel: +351 21 481 4600*

**WED, OCT 05 : SINTRA – CABO DA ROCA – ESTORIL& CASCAIS (BREAKFAST, FAREWELL DINNER)**

Morning visit to the medieval village of Sintra (UNESCO). Visit the enchanted Pena Palace, which stands on one of the rocky peaks of the Serra de Sintra, and blends in with its natural background of greenery and crags. We can't leave Sintra village without tasting the local gastronomic speciality: "queijada" in one of the most ancient and famous pastry shop. Free time for lunch before we continue towards Cabo Da Roca which is the westernmost point of Continental Europe. It used to be a symbol of hope for those who once sailed away in search of new worlds. Return to the hotel and enjoy the rest of the afternoon at your leisure.

In the evening we invite you for our Farewell Dinner at a local restaurant.

*Overnight in Cascais, Tv. da República 35 -35A, tel: +351 21 481 4600*

**THU, OCT 06: DEPARTURE FROM LISBON (BREAKFAST)**

After breakfast transfer to Lisbon airport. End of tour.

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Land only price is \$ 3350 USD / \$ 3950 CAD p.p. based on dbl. occupancy. Single room add \$ 980 USD / \$ 1175 CAD

Air & Land packages available upon request - please contact Wanda at Chopin Tours for full info & pricing:

1-800-533-0369 or [wanda@chopintours.com](mailto:wanda@chopintours.com)

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